



SARAWAK STATE HEALTH DEPARTMENT

EPIDEMIOLOGICAL NEWS

VOLUME 15/FOLIO 6/May, 2007
2007, 25TH YEAR

National Strategic Plan On HIV/AIDS 2006-2010

The Government of Malaysia is concerned by the escalation in the rate of HIV transmission in the country, particularly amongst young people and injecting drug users. Despite successes in its responses, the current prevention efforts are inadequate to curb the epidemic and only limited coverage has been achieved for the prevention, treatment and care of HIV-related illnesses. Community-based support is insufficient to meet the need of the increasing number of people affected by AIDS. It is therefore timely for the Government of Malaysia to re-examine its responses to HIV/AIDS to ensure it is both complementary to the 9th Malaysian Plan as well as in line with its broader commitments to the outcomes of the United Nations General Assembly Special Session on HIV/AIDS and the Millennium Development Goals.

The first case of HIV infection diagnosed in Malaysia was reported in 1986. As of May 2007, the reported total cumulative number of cases was 78,493. Of these 114.1 per cent had died of AIDS. About 78.9 per cent of reported HIV/AIDS cases occur among those aged 20 to 39 years, the younger and potentially more productive group of the nation's population. Available data suggests that the pattern is one of a concentrated epidemic, since HIV prevalence has been less than 1 per cent among the general population but consistently higher than 5 per cent among injecting drug users (IDUs). Hence the likely mode of transmission is through sharing of needles. This is however not the situation in Sarawak as the major mode of transmission identified is heterosexual sex. Until the end of May 2007, there were 709 cases of HIV reported in Sarawak of which 64% acquired through heterosexual sex while another 8% through bisexual or homosexual sex.

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The National Strategic Plan (NSP) on HIV/AIDS 2006 – 2010 supersedes the 1998 HIV/AIDS National Strategic Plan. The NSP provides a general framework for a nationally driven and expanded HIV/AIDS response over the five-year period from year 2006 to 2010. Its development has involved a range of consultative processes, including a multi-sectoral consultation on the NSP. In adopting the NSP, the Government of Malaysia has shown a strong commitment to address HIV/AIDS as a national agenda and to drive an expanded, multi-sectoral and well resourced responses.

The goals of Malaysia's response to HIV/AIDS are to prevent transmission of HIV, reduce morbidity and mortality related to HIV/AIDS and minimise the impact of HIV/AIDS on the individual, family, community and nation. The NSP will continue to focus on providing an appropriate balance between prevention, treatment and care. The priority focus areas are:

- Strengthening leadership and advocacy
- Training and capacity enhancement
- Reducing HIV vulnerability among injecting drug users and their partners
- Reducing HIV vulnerability among women, young people and children
- Reducing HIV vulnerability among marginalised and vulnerable populations
- Improving access to diagnostics, treatment and care

In order to achieve these priorities, the Government will expand its partnership with Non Governmental Organisations (NGOs), religious leaders, business and community groups. The NSP will strengthen the capacity of the Government to deliver effective interventions through these partnership.

**Pelan Tindakan ‘National Strategic Plan On HIV/AIDS 2006-2010’ Seksyen AIDS/STD JKN
Sarawak
Bagi Tahun Pelaksanaan 2007**

Strategi	Aktiviti	Sasaran	Tanggungjawab
1. Strengthening Leadership and Advocacy	1.1 Penubuhan “State Advisory Committee On AIDS” dan taklimat kepada ahli jawatankuasa	Mei - Jun	Seksyen AIDS/STD
	1.2 Taklimat & bengkel untuk ‘focal point’ dari jabatan yang dipilih	Julai	Seksyen AIDS/STD
2. Capacity building and enhancement (Increase coverage of VCT)	2.1 Melantik NGO sebagai pusat kaunseling & saringan HIV. a. Latihan kaunseling untuk ahli SACS b. Pembelian test kit untuk kegunaan SACS	Ogos Jun	Seksyen AIDS/STD & SACS
4. Reducing HIV vulnerability among women, young people and children (Expand peer group educator programmes for youth and public)	4.1 Aktiviti untuk remaja dan belia yang diintegrasikan dengan aktiviti PROSTAR, Rakan Muda, Pintar & Persatuan Belia	Ogos-Sept	Seksyen AIDS/STD & Promosi Kesihatan
	4.2 Bengkel untuk trainer WKK peringkat negeri a. Membentuk flip chart AIDS untuk kegunaan WKK b. Melatih trainer WKK	Julai-Ogos	Seksyen AIDS/STD & Kesihatan Keluarga
	4.3 Latihan untuk WKK sebagai AIDS educator di peringkat Bahagian	Ogos-Nov	Semua Pejabat Kesihatan Bahagian
5. Reducing vulnerability among marginalized and vulnerable groups	5.1 Survei di kalangan pekerja seks di sekitar Kuching - Cetakan soalselidik - Bayaran insentif untuk responden	Ogos-Dis	Seksyen AIDS/STD & Matron Fu

	<p>5.2 Meningkatkan kesedaran terhadap seks selamat di kalangan pekerja seks dan pelanggan mereka secara temuseru (outreach activities)</p> <ul style="list-style-type: none"> - Test kit - Condom - Refreshment - Training on safe sex 	Sept-Dis	Seksyen AIDS/STD & Promosi Kesihatan, SACS, DBKU& MBKS
6. Improving access to treatment, care & support	6.1 Mengadakan aktiviti interaktif dan perbincangan untuk PLWHA bersama keluarga & rakan	Okt & Dis	Seksyen AIDS/STD & Unit kaunseling SGH
	6.2 Mengenalpasti klinik untuk dijadikan GUM/STI clinic di setiap bahagian kecuali Sibul dan Limbang (pembelian peralatan dsb)	Jun-Dis	Semua Pejabat Kesihatan Bahagian kecuali Sibul & Limbang
	6.3 Menambahbaik klinik STI/GUM di Limbang, KK Jln Masjid & KK Lanang	Jun-Dis	Pejabat Kesihatan Bahagian Kuching, Sibul & Limbang

DISTRICTS	AIDS	Cholera	Dengue Fever	Dengue H. Fever	Dysentery	Food Poisoning	Gonorrhoea	Hand, Foot & Mouth	Leprosy	Malaria	Whooping Cough	Measles	Syphilis, Congenital	Syphilis (All Forms)	Tuberculosis (All forms)	Typhoid & Paratyphoid Fever	Typhus, Scrub	Hepatitis A	Hepatitis B	Hepatitis C	Other Hepatitis	Viral Encephalitis	TOTAL
Lundu	0	0	1	0	0	0	0	8	0	4	0	0	0	0	0	0	0	0	0	0	0	0	13
Bau	0	0	4	0	0	0	0	28	0	12	0	0	0	0	5	0	0	0	0	0	0	0	49
Kuching	0	0	53	0	0	6	8	212	0	2	0	3	0	8	33	0	0	0	10	2	0	0	337
Samarahan	0	0	7	0	0	0	0	38	0	0	0	0	0	0	3	0	0	0	0	0	0	0	48
Serian	0	0	6	0	0	0	0	49	0	3	0	2	0	0	2	0	0	0	0	0	0	0	62
Simunjan	0	0	2	0	0	0	0	6	0	4	0	0	0	0	0	0	0	0	0	0	0	0	12
Sri Aman	0	0	2	0	0	3	1	54	0	0	0	0	0	3	10	0	0	0	0	0	0	0	73
L/ Antu	0	0	1	0	0	0	0	7	0	0	0	0	0	0	2	0	0	0	0	0	0	0	10
Betong	0	0	5	0	0	17	0	6	0	0	0	0	0	0	2	0	0	0	0	0	0	0	30
Saratok	0	0	0	0	0	0	0	3	0	0	0	0	0	0	3	0	0	0	0	0	0	0	6
Sarikei	1	0	5	0	0	1	0	15	0	1	0	0	0	1	2	0	0	0	0	0	0	1	27
Julau/Pakan	0	0	2	0	0	0	0	11	0	0	0	0	0	0	0/1	1	0	0	0	0	0	0	15
Meradong	0	0	1	0	0	0	1	3	0	0	0	0	0	0	1	0	0	0	0	0	0	0	6
Daro	0	0	4	0	0	50	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	55
Sibu/S'gau	0	0	12	0	0	34	0	42	0	5	0	0	0	0	9/1	0	0	0	0	0	0	0	103
Kanowit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	5
Mukah	0	0	0	0	0	0	0	15	0	0	0	0	0	0	2	0	0	0	0	0	0	0	17
Dalat	0	0	2	0	0	0	0	14	0	1	0	0	0	0	1	1	0	0	0	0	0	0	19
Kapit	0	0	3	0	0	0	0	13	0	5	0	0	0	0	6	0	0	0	0	0	0	0	27
Song	0	0	0	0	0	0	0	1	0	0	0	0	0	0	1	0	0	0	0	0	0	0	2
Belaga	0	0	3	0	0	0	0	12	0	12	0	0	0	0	2	0	0	0	0	0	0	0	29
Bintulu	0	0	0	0	0	0	8	55	0	0	0	1	0	2	14	0	0	0	0	0	0	0	80
Tatau	0	0	0	0	0	0	0	5	0	0	0	0	0	1	2	0	0	0	0	0	0	0	8
Miri	0	0	1	0	0	0	4	197	0	4	0	7	0	9	23	0	0	0	0	0	0	0	245
Marudi	0	0	10	0	0	0	0	30	0	2	0	1	0	1	1	0	0	0	0	0	0	0	45
Limbang	0	0	4	0	0	0	5	5	0	2	0	0	0	0	10	0	0	0	0	0	0	0	26
Lawas	0	0	0	0	0	0	0	4	0	1	0	0	0	1	1	0	0	0	0	0	0	0	7
TOTAL	1	0	128	0	0	111	27	833	0	58	0	14	0	26	143	2	0	0	10	2	0	1	1356

ICD CODE	DISEASES	Median 2002-2006	Month Ending		Cumulative Total	
			31/05/2006	31/05/2007	2006(Annual)	2007
B20 - B24	HIV/AIDS (Death)	1	1	1	114/69(1)(20)	6
A57	Chancroid	0	0	0	0	0
A00.9	Cholera	0	0	0	0	0
A90	Dengue Fever	32	108	128	1799	983
A91	Dengue Haemorrhagic Fever	1	7	0	22	22
A36.0-A36.9	Diphtheria	0	0	0	0	0
A06.0,A09	Dysentery All Types	6	3	19	86	64
A05,T61-T62	Food Poisoning	11	11	111	187	345
A54.0-A54.9	Gonococcal Infections(All Forms)	27	27	27	383	176
A54.3	Ophthalmia Neonatorum	0	0	0	0	0
A30.9	Leprosy	1	1	0	16	4
B54	Malaria	108	108	58	1371	320
B05	Measles	12	17	14	182	51
A20	Plague	0	0	0	0	0
A80.9	Poliomyelitis, acute	0	0	0	0	0
A82	Rabies	0	0	0	0	0
A68	Relapsing Fever	0	0	0	0	0
A50	Congenital Syphilis	0	0	0	0	0
A51-A53	Syphilis(All forms)	23	20	26	296	133
A33	Tetanus Neonatorum	0	0	0	2	0
A35	Tetanus (adults)	0	0	0	2	0
A16-A19	Tuberculosis(All forms)	96	120	143	1632	545
A01	Typhoid and Paratyphoid fevers	2	2	2	14	14
A75	Typhus, epidemic	0	0	0	0	0
A75.2	Typhus, flea-borne	0	0	0	8	3
A75.3	Typhus, scrub	0	1	0	0	0
A83,A84,A85,A86	Viral Encephalitis	0	4	1	35	12
B15.0-B15.9	Viral Hepatitis A	0	0	0	2	0
B16.0 - B 16.9	Viral Hepatitis B	3	1	10	34	47
B 18.2	Viral Hepatitis C	0	1	2	5	19
B19.0 - B19.9	Viral Hepatitis (unspecified)	0	0	1	1	1
A37	Whooping cough	0	1	0	8	0
A95	Yellow Fever	0	0	0	0	0

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